

PROGRAM INFORMATION If you have questions about this report, please contact: Andy Fisher at

(606) 678-0421

Sunrise - Cumberland Adventure
500 New Start Road Bronston, KY 42518**Parent Agency:** Sunrise Children's Services**Phone:** (606) 561-5797 **Fax:** (606) 561-9928**AgencyWebsite:** www.sunrise.org**Years Operating:** 17**Referral Contact:** Debbie Quintin**Email:** dquintin@sunrise.org**Referral Phone:** (502) 538-1059**Referral Fax:** (502) 538-1159**Child Caring License(s):** Residential Treatment Institution;**Child Placing License(s):** None**Setting:** Rural**On Site School:** Yes**Male Operational Bed Capacity:** 60 **County(s) of** Pulaski;**Female Operational Bed Capacity:** 0 **Program or****Either Sex Operational Bed Capacity:** 0 **Foster Homes:****Supplemental Information**

Sunrise's Cumberland Adventure Program (CAP) provides treatment for clinical and behavioral issues through therapeutic outdoor adventure experiences concerted with clinical intervention. In SFY 08, CAP attained above average scores in Service Delivery, when compared to other private residential treatment programs evaluated by the Children's Review Program. In addition, CAP has reduced the number of physical holds by more than 75% in the past 4 years as a result of training and staff retention. CAP utilizes therapeutic outdoor adventure activities that include primitive camping, flat water canoeing, backpacking-hiking, and low/high ropes challenge courses. The adventure activities are structured to require clients to take personal initiative, make decisions and be accountable for the results. CAP provides an on-campus school under the direction of the Pulaski County Public School District. For youth that are not able to reunite with their family, Sunrise's continuum of care provides opportunity for youth to step down to less restrictive placement options that support and reinforce the treatment modalities and behavior management skills gained at CAP.

Included/Excluded Populations**Gender Accepted:** Male **Age Range Accepted:** 12 to 18 **LOC Range Accepted:** 4 to 5 **Mininum IQ Accepted:** 65**Client Populations that are Absolutely Excluded**

None

Client History at Admission

Average Age at Date Updated:	16.0	Average LOC at Intake	4.4	Number IQ 0 - 59:	0
Number of Residents:	55	LOC Unknown:	0	Number IQ 60 - 69:	1
Number of Males:	55	Number LOC 1:	0	Number IQ 70 and above:	5
Number of Females:	0	Number LOC 2:	0	Number IQ Unknown:	49
		Number LOC 3:	2		
		Number LOC 4:	28		
		Number LOC 5:	25		
Number of Current Residents Included in Risk Indicator Percentage	35				
Destroys Property:	40%	Homicidal Threats:	17%	Sexual Acting Out:	6%
Assaults Peers:	49%	Homicidal Gestures/Attempts	0%	Sexual Aggression	
Assaults Care Givers	23%	Suicidal Threats:	3%	With Younger Youth:	0%
Moderate AWOL Risk:	54%	Suicidal Gestures/Attempts	3%	Using Force:	0%
Chronic AWOL Risk:	17%	Substance Use Monthly or More	60%	With those Unable to Consent	0%
Self Abuse:	9%	Fire Setting:	6%	Adjudicated Sexual Offender	0%

STAFF INFORMATION

	Number	High School	Some College	BA	MA or Higher
Administration:	7	0%	29%	29%	43%
Case Management Staff:	0	0%	0%	0%	0%
Clinical Staff:	6	0%	0%	0%	100%
Direct Care Staff:	51	82%	8%	10%	0%
Average Number of Months Foster Parents have Fostered for the Agency:					N/A
Treatment Director:	Mr. Darren Neal M.A. in Counseling; LPCC				

Psychiatric Consultation and Internal Medical Staff

A psychiatrist is available and is contracted to visit the campus monthly. Appointments are scheduled as needed. Clients typically meet with the psychiatrist on a monthly basis, unless additional appointments are necessary. The program employs two full-time staff nurses that are available five days per week and on-call seven days per week, 24 hours per day.

SERVICES AND OUTCOMESSafety

Number of Substantiated Abuse Allegations in the Past Year: 0			
Total # of Bedrooms: 18	Percentage of Direct Care Staff Trained in Physical Management	100.0%	
Single Bedrooms: 0	Percentage of Foster Parents Trained in Physical Management:	N/A	
Double Bedrooms: 4	Percent of Foster Families with 2 or more Children:	N/A	
3+ Bedrooms: 14	Percent of Families with 2 or more Children and a Sibling Group:	N/A	
Critical Incident and Physical Management ratios are compiled for the period 3/1/2011 to 2/29/2012			
Deadly Weapon Per 100 Resident Days	0.00	NO INCIDENTS DURING REPORTING PERIOD	Number of Months Data Received: of 12
Serious Injury Per 100 Resident Days	0.04	WITHIN AVERAGE RANGE	
AWOL Per 100 Resident Days	0.10	WITHIN AVERAGE RANGE	
Suicide Attempt Per 100 Resident Days	0.00	NO INCIDENTS DURING REPORTING PERIOD	
Criminal Activity Per 100 Resident Days:	0.01	WITHIN AVERAGE RANGE	
Injury to Other Per 100 Resident Days:	0.00	NO INCIDENTS DURING REPORTING PERIOD	
Sexual Acting Out Per 100 Resident Day	0.00	NO INCIDENTS DURING REPORTING PERIOD	
Total Critical Incidents Per 100 Resident Days:	0.14	WITHIN AVERAGE RANGE	
Physical Managements Per 100 Resident Days:	0.30	WITHIN AVERAGE RANGE	

Permanency

Length of stay and discharge data are calculated on discharges between 3/1/2011 through 2/29/2012				
Measure	Number	Percent	Length of Stay	Outlier
Child Progress toward Permanency Discharges	54	87.1%	247.0	BETTER THAN AVERAGE RANGE
Progress Discharge to Home Like Placement	50	80.6%	240.7	BETTER THAN AVERAGE RANGE
Progress Discharge to Less Restrictive Placement	52	83.9%	250.0	BETTER THAN AVERAGE RANGE
Child Behavioral Difficulty Discharges	5	8.1%	35.8	BETTER THAN AVERAGE RANGE
Runaway Discharges	4	6.5%	41.8	WITHIN AVERAGE RANGE
Psychiatric Discharges	1	1.6%	12.0	WITHIN AVERAGE RANGE
Agency/System Discharges	3	4.8%	91.3	WITHIN AVERAGE RANGE
Caretaker Incapacity Discharges	0	0.0%		WITHIN AVERAGE RANGE
Caretaker Failure Discharges	0	0.0%		WITHIN AVERAGE RANGE
Caretaker Investigation Discharges	0	0.0%		WITHIN AVERAGE RANGE

Well Being

	Number	Percent Internal	Percent External	Does this program have a PCC Foster to Adopt Agreement?.	No
Individual Counseling	56	100.0%	0.0%	Adoptions by the Program's Foster Homes in the Past Year:	N/A
Group Counseling:	56	100.0%	0.0%	Educational Disruptions in the Past Year:	1
Family Counseling:	16	100.0%	0.0%	School Changes in the Past Year:	0

Describe How the Program Supports Family Connections

Family sessions are conducted and program staff work with the family to ensure that visits (both supervised and unsupervised) are successful. The program also works with family regarding transportation issues. Beginning at the halfway point in the program, therapeutic home visits are scheduled to begin reuniting the client and family, and to allow time to work on problem areas discovered during the visits. In addition, the family is invited to and encouraged to attend Monthly Treatment Plan Reviews.

Special Interventions Available Internally

The Alpine Tower and the Odyssey course provide a challenging high ropes course that is a major tool in helping youth increase self-esteem and group cohesion. The campus includes 5 residential cabins, each under the supervision of a residential manager who provides clients with individual, group and family therapy. The Seven Challenges program is used to assist youth, which come from a background that includes alcohol and substance abuse, to make a commitment to minimize the impact that drugs and alcohol has had in their lives.

Description of how the program exceeds licensure ratios

Yes; the program has a staff to client ratio of 1:6 during sleeping hours. During waking hours, the staff to client ratio is typically 1:5.