

PROGRAM INFORMATION If you have questions about this report, please contact: Andy Fisher at

(606) 678-0421

Sunrise - Metro Lexington TFC
1510 Newtown Pike Lexington, KY 40511**Parent Agency:** Sunrise Children's Services**Phone:** (859) 455-8185 **Fax:** (859) 455-8234**AgencyWebsite:** www.sunrise.org**Years Operating:** 2**Referral Contact:** Debbie Quintin**Email:** dquintin@sunrise.org**Referral Phone:** (502) 538-1059**Referral Fax:** (502) 538-1159**Child Caring License(s):** None**Child Placing License(s):** Foster Care; Adoption; Therapeutic Foster Care;**Setting:** Rural & Urban/Suburban**On Site School:** No**Male Operational Bed Capacity:**1 **County(s) of** Boone; Fayette; Gallatin; Jessamine; Scott;**Female Operational Bed Capacity:**5 **Program or****Either Sex Operational Bed Capacity:**29 **Foster Homes:****Supplemental Information**

Sunrise Children's Services provides all foster parents specialized de-escalation techniques from the Boy's Town training model. These techniques have proven effective for children of most ages and cognitive functioning levels as well as for children who display a variety of behavioral or mental health issues. 100% of MRFC staff have a BA or above. MRFC veteran foster parents average more than two years of providing foster care services for Sunrise. On-going support group meetings are provided for our foster parents. Foster parents are required to obtain 24 hours of yearly training. Since March of 08, Sunrise foster parents have adopted 103 DCBS foster children meaning 103 DCBS children have found a forever family through our Sunrise Foster Care program. Staff is on call twenty-four hours a day, seven days a week. After hours placements are accepted. MRFC has the ability to directly refer clients to Sunrise residential and crisis facilities. MRFC - Lexington contracts with private providers in the community for therapy.

Included/Excluded Populations**Gender Accepted:** Both **Age Range Accepted:** 0 to 18 **LOC Range Accepted:** 1 to 5 **Mininum IQ Accepted:** 35**Client Populations that are Absolutely Excluded**

None

Client History at Admission

| | | | | | |
|--|------|--------------------------------------|-----|-------------------------------------|----|
| Average Age at Date Updated: | 14.0 | Average LOC at Intake | 3.3 | Number IQ 0 - 59: | 0 |
| Number of Residents: | 18 | LOC Unknown: | 0 | Number IQ 60 - 69: | 0 |
| Number of Males: | 12 | Number LOC 1: | 0 | Number IQ 70 and above: | 0 |
| Number of Females: | 6 | Number LOC 2: | 3 | Number IQ Unknown: | 18 |
| | | Number LOC 3: | 8 | | |
| | | Number LOC 4: | 5 | | |
| | | Number LOC 5: | 2 | | |
| Number of Current Residents Included in Risk Indicator Percentage | 15 | | | | |
| Destroys Property: | 0% | Homicidal Threats: | 0% | Sexual Acting Out: | 0% |
| Assaults Peers: | 0% | Homicidal Gestures/Attempts | 0% | Sexual Aggression | |
| Assaults Care Givers | 0% | Suicidal Threats: | 0% | With Younger Youth: | 0% |
| Moderate AWOL Risk: | 0% | Suicidal Gestures/Attempts | 0% | Using Force: | 0% |
| Chronic AWOL Risk: | 0% | Substance Use Monthly or More | 0% | With those Unable to Consent | 0% |
| Self Abuse: | 0% | Fire Setting: | 0% | Adjudicated Sexual Offender | 0% |

STAFF INFORMATION

| | Number | High School | Some College | BA | MA or Higher |
|--|-------------------------|--------------------|---------------------|-----------|---------------------|
| Administration: | 5 | 0% | 0% | 40% | 60% |
| Case Management Staff: | 5 | 0% | 0% | 40% | 60% |
| Clinical Staff: | 1 | 0% | 0% | 0% | 100% |
| Direct Care Staff: | 0 | 0% | 0% | 0% | 0% |
| Average Number of Months Foster Parents have Fostered for the Agency: | 25.4 | | | | |
| Treatment Director: | Mrs. Valerie Crume LPCC | | | | |

Psychiatric Consultation and Internal Medical Staff

A Psychiatrist is available on an as needed basis. An Sunrise nurse is available for consult. Community medical staff is utilized as needed.

SERVICES AND OUTCOMESSafety

| | | | |
|---|---|--------------------------------------|---|
| Number of Substantiated Abuse Allegations in the Past Year: 0 | | | |
| Total # of Bedrooms: 32 | Percentage of Direct Care Staff Trained in Physical Management | N/A | |
| Single Bedrooms: 0 | Percentage of Foster Parents Trained in Physical Management: | 5.9% | |
| Double Bedrooms: 0 | Percent of Foster Families with 2 or more Children: | 41.2% | |
| 3+ Bedrooms: 0 | Percent of Families with 2 or more Children and a Sibling Group: | 17.6% | |
| Critical Incident and Physical Management ratios are compiled for the period 3/1/2011 to 2/29/2012 | | | |
| Deadly Weapon Per 100 Resident Days | 0.00 | NO INCIDENTS DURING REPORTING PERIOD | Number of Months Data Received: of 12 |
| Serious Injury Per 100 Resident Days | 0.00 | NO INCIDENTS DURING REPORTING PERIOD | |
| AWOL Per 100 Resident Days | 0.05 | WITHIN AVERAGE RANGE | |
| Suicide Attempt Per 100 Resident Days | 0.00 | NO INCIDENTS DURING REPORTING PERIOD | |
| Criminal Activity Per 100 Resident Days: | 0.03 | WITHIN AVERAGE RANGE | |
| Injury to Other Per 100 Resident Days: | 0.13 | WORSE THAN AVERAGE RANGE | |
| Sexual Acting Out Per 100 Resident Day | 0.05 | WITHIN AVERAGE RANGE | |
| Total Critical Incidents Per 100 Resident Days: | 0.26 | WITHIN AVERAGE RANGE | |
| Physical Managements Per 100 Resident Days: | N/A | | |

Permanency

| | | | | |
|--|---------------|----------------|-----------------------|--------------------------|
| Length of stay and discharge data are calculated on discharges between 3/1/2011 through 2/29/2012 | | | | |
| Measure | Number | Percent | Length of Stay | Outlier |
| Child Progress toward Permanency Discharges | 8 | 47.1% | 422.3 | WITHIN AVERAGE RANGE |
| Progress Discharge to Home Like Placement | 8 | 47.1% | 422.3 | WITHIN AVERAGE RANGE |
| Progress Discharge to Less Restrictive Placement | 5 | 29.4% | 479.4 | WITHIN AVERAGE RANGE |
| Child Behavioral Difficulty Discharges | 9 | 52.9% | 219.6 | WORSE THAN AVERAGE RANGE |
| Runaway Discharges | 0 | 0.0% | | WITHIN AVERAGE RANGE |
| Psychiatric Discharges | 0 | 0.0% | | WITHIN AVERAGE RANGE |
| Agency/System Discharges | 0 | 0.0% | | WITHIN AVERAGE RANGE |
| Caretaker Incapacity Discharges | 0 | 0.0% | | WITHIN AVERAGE RANGE |
| Caretaker Failure Discharges | 0 | 0.0% | | WITHIN AVERAGE RANGE |
| Caretaker Investigation Discharges | 0 | 0.0% | | WITHIN AVERAGE RANGE |

Well Being

| | | | | | |
|------------------------------|---------------|-------------------------|-------------------------|--|------------|
| | Number | Percent Internal | Percent External | Does this program have a PCC Foster to Adopt Agreement?. | Yes |
| Individual Counseling | 14 | 71.4% | 28.6% | Adoptions by the Program's Foster Homes in the Past Year: | 0 |
| Group Counseling: | 14 | 71.4% | 28.6% | Educational Disruptions in the Past Year: | 9 |
| Family Counseling: | 14 | 71.4% | 28.6% | School Changes in the Past Year: | 0 |

Describe How the Program Supports Family Connections

Foster parents usually transport clients to family visits but staff can transport, if needed. Biological family is invited to participate in treatment planning. Family counseling is available if requested by DCBS. Foster care staff can observe supervised visitation, if needed.

Special Interventions Available Internally

Staff is on call twenty-four hours a day, seven days a week. Foster care specialists, director, and therapist all carry cell phones that foster parents and/or DCBS staff can call in case of an emergency. DCBS can utilize cell phones for after-hours placement. MRFC has the ability to directly refer clients to Sunrise residential and crisis facilities.

Description of how the program exceeds licensure ratios

MRFC regularly exceeds the minimum staff/client ratios. MRFC maintains the staff/therapeutic client caseload licensure requirement even though all children are not therapeutic.